

- Students in middle and junior high school may fulfill the District's requirement for physical activity by:
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 - 1. Take a TEKS-based physical education class or a substitute approved by the District, or
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 - 2. Participating in a TEKS-based structured extracurricular activity or in an approved private or commercially sponsored physical activity program.
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 - *The state also requires that all students be tested for the FitnessGram.*
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 - In regards to elementary physical education:
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 - The District shall require students in kindergarten through **grade 6** to participate in moderate or vigorous daily physical activity for at least 30 minutes throughout the school year, as part of the District's physical education program or through structured activity during a campus's daily recess.
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 - If the District determines, for any particular grade level, that requiring moderate or vigorous daily physical activity is impractical due to scheduling concerns or other factors, the District may as an alternative require a student in that grade level to participate in moderate or vigorous physical activity for at least 135 minutes during each school week.
 - The district must provide an exemption for a student who is unable to participate in the required physical activity because of illness or disability *supported by a physician's note.*